

A note from Senior Operations Manager, Jonathan Claflin:

Welcome to spring and another edition of our quarterly e-newsletter. With spring around the corner, we need to remember to take care of ourselves and our surroundings. Open the windows when the temperature warms up and let some fresh air into your home. Spend some time outside and watch your neighbors walk past or visit with friends. No matter what you do, please take time for yourself and enjoy the seasons changing. Happy reading and we hope you enjoy the e-Newsletter.

In today's email:

- **Spring Forward as Daylight Savings Time Begins**
- **AARP Facebook Group Helps DCPs Connect**
- **PremierFMS Celebrates DDAM in March**
- **PremierFMS Celebrates Older Americans Month**
- **Upcoming Events and Conferences**
- **Employee Spotlight - Millie Gonzalez**

Spring Forward as Daylight Savings Time Begins



At 2 AM on March 10, you can move your clocks one hour forward as Daylight Savings Time (DST) begins across the country. As one of the first signs of Spring, you'll begin enjoying longer daylight hours with the sun setting later in the day. In the United States, Daylight Savings Time will end on the first Sunday of November.

[Prepare for DST Today](#)

AARP Facebook Group Helps Direct Care Professionals Connect Online

Over the last ten years, the power of social media has influenced everyone's lives in a multitude of ways. It's allowed us to connect not only across the country, but the globe. This includes communities for Direct Care Professionals (DCP). One of the most popular places to connect with other DCPs is the AARP Family Caregivers Discussion Group.

[Discover the Community](#)

PremierFMS Celebrates Developmental Disabilities Awareness Month

It's March and PremierFMS is celebrating Developmental Disabilities Awareness Month (DDAM). DDAM has been around since 1987. President Regan dedicated the month to building awareness for individuals with disabilities.

[Celebrate Today](#)

PremierFMS Celebrates Older Americans Month

May is right around the corner and PremierFMS is looking forward to celebrating Older Americans Month (OAM). OAM is organized each year by the Administration for Community Living (ACL). During the month, the ACL shares ways to celebrate the month by connecting with older adults in your community

[Learn More](#)



Did You Know?

PremierFMS is on social media. Click below to follow us on Facebook, Instagram, and LinkedIn so you can stay up to date with all things PremierFMS.



Upcoming Events & Conferences

Event	Date & Location	Sign-Up Information
Wisconsin ADRC Conference	April 23 - 24	To Be Announced
Wisconsin Autism Conference	April 26 - 27	Click to Register
Alzheimer's Association Conference	May 5 - 6	Click to Register
Circles of Life Conference	May 16 - 17	Click to Register



Quarterly Reader Poll

Based on your recent interactions, would you recommend PremierFMS to a friend?

Yes

No

I need more time to decide



Employee Spotlight - Millie Gonzalez



Favorite Quote

No matter how educated, rich, or cool you believe you are. How you treat people ultimately tells all. Integrity is everything.

Five Things to Know About Millie:

What is Millie's role at PremierFMS?

Millie is an FEA Data Entry Specialist at PremierFMS and she has been with us for two years!

What does Millie like most about working at PremierFMS?

Millie enjoys the flexible work environment at PremierFMS, which allows her to support her family without having to feel stressed out at work.

What inspires Millie to help others?

Millie is inspired to help others by showing enthusiasm and empathy towards others. She believes in always having a positive outlook and practicing gratitude to support those close to her.

At PremierFMS, Millie is driven to create a positive work environment where her coworkers feel valued, respected, and included.

What are Millie's interests outside of work?

Millie enjoys spending her free time with her kids and husband. In March, Millie is looking forward to attending her daughter's Quinceañera (15th birthday) celebration.



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PremierFMS | 10425 W. North Ave., Suite 345, Wauwatosa, WI 53226

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